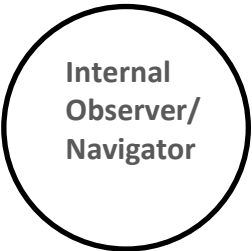
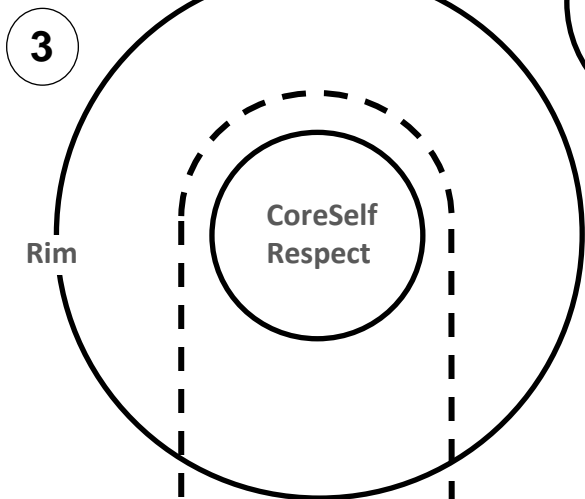
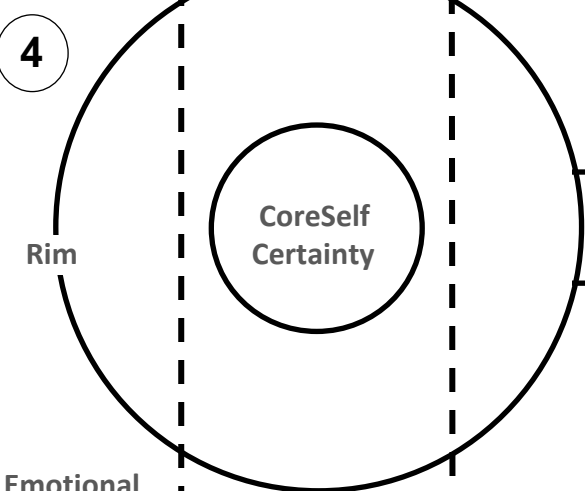


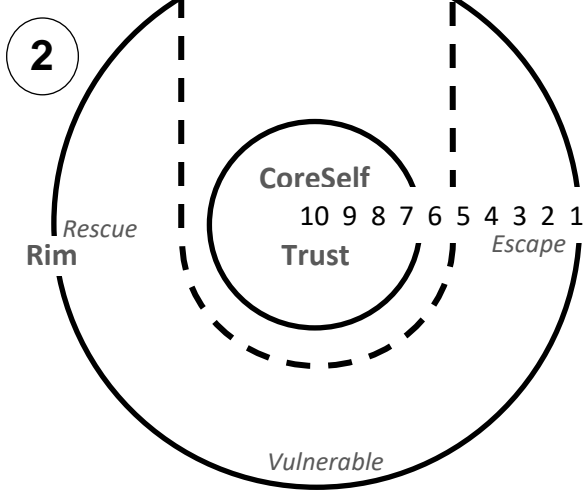
Values and Practices



Thoughts and Plans



Emotional Energy and Sensations



5 Situation:

6 Strengths:
(resources available to you that you can count & call on)

7 Struggles:
(good faith efforts that have not paid off yet)

8 Strategies | Real Questions:

Plan | Real Question